

# GOLF PRACTICE SESSIONS FOR PERSONS WITH DISABILITIES

The Good Shepherd Recreational Therapy Department and Center Valley Club is offering golf practice sessions for persons with disabilities in order to encourage and improve functional skills for the game of golf. This is a great way to continue to develop skills you may have tried at the Learn to Golf Clinic offered in the Spring.

The sessions will offer opportunities to use the driving range and putting area. We may also try golfing a few holes on the course as time and space permits.

The focus of the sessions will include the following:

- Review of proper skills in grip, stance, and swing
- Body positioning and balance
- Stretching techniques
- Adaptive equipment use
- Socialization with other golfers

## SIGN UP FOR ONE, TWO, OR THREE SESSIONS!

- Thursday, June 29, 2006 5:00 p.m.-dusk
- Thursday, July 27, 2006 5:00 p.m.-dusk
- Thursday, August 24, 2006 5:00 p.m.-dusk
- Thursday, September 28, 2006 5:00 p.m.-dusk

Sessions will be held on the above dates at Center Valley Club at Stabler Center, 3300 Center Valley Parkway, Center Valley, PA 18034

Cost is \$10.00 per practice session.

Instructors: Recreational Therapists-Linda Bollinger, CTRS, Susan Bates, CTRS,  
Physical Therapist-Dan Collier, LPT

We will meet at the Center Valley Club Driving Range area. Sessions cancelled due to inclement weather will be rescheduled as feasible. Please call 610-776-3588 if you have any questions. Please complete the registration information to sign up!

### REGISTRATION INFORMATION

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Type of Disability \_\_\_\_\_

Person to Notify in Case of Emergency \_\_\_\_\_ Phone \_\_\_\_\_

Will you be bringing your own clubs? Yes No

Please indicate if you have special needs we should be aware of: \_\_\_\_\_

I will be attending the following session(s): Cost is \$10.00 per practice session

- Thursday, June 29, 2006 5:00 p.m.-dusk deadline to register-June 23, 2006
- Thursday, July 27, 2006 5:00 p.m.-dusk deadline to register-July 21, 2006
- Thursday, August 24, 2006 5:00 p.m.-dusk deadline to register-Aug. 18, 2006
- Thursday, Sept. 28, 2006 5:00 p.m.-dusk deadline to register-Sept. 22, 2006

Amount enclosed: \_\_\_\_\_

Please make checks payable to Good Shepherd

Return registration form by above deadline to Linda Bollinger, Recreational Therapy, Good Shepherd Rehabilitation Hospital, 501 St. John Street, Allentown, PA 18103, 610-776-3588.